



# CHALKE VALLEY SPORTS CENTRE

Sport for all

Chalke Valley Sports Centre,  
Recreation Ground, Knighton Road, Broad Chalke,  
Salisbury, Wiltshire, SP5 5HX

Website: [www.chalkevalleysportscentre.co.uk](http://www.chalkevalleysportscentre.co.uk)  
Email: [info@chalkevalleysportscentre.co.uk](mailto:info@chalkevalleysportscentre.co.uk)

## MUGA - MULTI-USE GAMES AREA

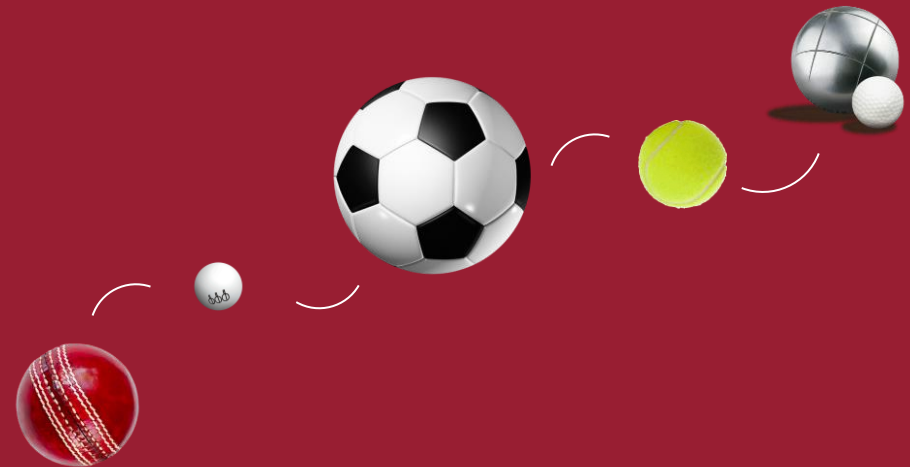
The hard court area of the Sports Centre can be used as 2 tennis courts, 2 five a side football courts, 2 netball training areas. It is used by the school for a variety of activities. See our website for contact names, telephone numbers and the bookings schedule.

## INDOOR FUNCTIONS & GAMES AREA

The indoor functions & games room can be used for table tennis, short mat bowling, pilates, yoga and dance.

There are changing rooms, showers, a small kitchen and an alcohol licence. See our website for contact names, telephone numbers and the bookings schedule.

The centre is available for private hire as a location for events and parties. We also have a large grass playing area, grass football pitches, car park and disabled access.



No Internet.

For Pavilion and Multi Use Games Area (MUGA)  
[info@chalkevalleysportscentre.co.uk](mailto:info@chalkevalleysportscentre.co.uk)



## FOOTBALL

The Club are playing in the Salisbury and District League this season. To find out more about the clubs contact;

Secretary: Nigel Hayes

Tel: 01722780338

Email: nmhayes@live.co.uk

Website: www.chalkevalleysportscentre.co.uk

## PETANQUE

A new Petanque terrain has been created at the club next to the playground. Anyone is welcome to use the facilities (with their own equipment). We are hoping to start a club in 2021.

Contact Nigel Tinkler if you are interested

Email: nandnt@btinternet.com



## CRICKET

Broad Chalke Cricket Club

Contact David Cooper

Email: dgcooper@waitrose.com

The Club returned to the Recreation Ground in 2018 and had a very successful first year.

## TENNIS

The Chalke Valley Tennis Club has 2 floodlit "all weather" courts at the Sports Centre and tennis is played all year round.

We welcome any member of any age and ability.

We have about 70 family and individual members from both inside and outside the Valley.

Membership fees and booking form are on the Tennis Club website.

Membership also qualifies you to enter the Wimbledon draw, you do also have to be a British Tennis Member, which is free. We are usually allocated 5 pairs of tickets.

Use of the courts is free, and also, by arrangement other private courts in the Valley. Social tennis "Mix-Ins" on Thursday evenings at 6pm and Sunday morning from 11am, that you can "doodle" into to check on attendees.

Dan Binns our Club Coach is available for private tuition.

Contact Dan: 07793 458201 Email: binnsdan@hotmail.com

Atilio Loncar is available on 01725 552651 for any restringing.

The Club takes part in the Shaftesbury League that runs from May to July and winter and summer Sarum League. We always want team members; matches are 4 sets, 2 mixed and 2 ladies/men's doubles with tea to follow.

We also arrange some social events, in the past these have been a New Years Eve party, Summer Barbeque and 4 Charity tennis tournaments.

Chairman – John Dutson Tel: 01722 780502

Email: jdutson@savills.com

Secretary - Emma Flint Tel: 01722780763

Email: emmaflint@icloud.com

Treasurer -Matthew Dodd Tel: 01722780102

Email: tennis@mdodd.net





## SHORT MAT BOWLS

If you are looking for a little gentle exercise and a lot of fun, come along to an evening of indoor bowls. We play every Monday evening from 7.30pm until 10pm with a drink break half way through.

We are a friendly group of various ages playing mixed matches each evening. Its competitive but is also a social gathering for people in the valley. We also play winter and summer league matches as part of the Wiltshire Short Mat Bowls league, ideal for those who want more of a sporting challenge.

To find out more just turn up on a Monday evening, have a chat and a bowl, club bowls available for beginners to use.  
Contact: Damon Johns Tel: 01722 780915  
Email: ivonhouse@hotmail.co.uk

## TABLE TENNIS

The Club meets every Sunday evening in the Sports Centre from 6.30pm to 10pm approximately, but the first hour 6.30pm to 7.30pm, is for Under 15 year olds.

The Club plays in a number of leagues across the Wiltshire and Dorset area.

The Club was founded in 1968, from the local village Youth Club, and at that time the Club played its league matches in Broad Chalke Village Hall. After the first Season, the club became known as Broad Chalke Table Tennis Club and started looking for its own premises. We became known as the Chalke Valley Table Tennis Club in the 1970's.

If you are interested come and join our club. Our current membership age range is from 10 years old to 90 years old.  
Contact: Tom Scard Tel: 07717249499  
Email: Tomscardtt@gmail.com



## CHALKE VALLEY SPORTS CENTRE

This brochure has been updated and reproduced (2021) following some 18 years in operation.

The philosophy of the Centre is Sports for All and our aim is to encourage more people of all ages to be active. We want to help everyone achieve and sustain a sensible level of fitness which will help us all to maintain a healthy lifestyle and enable a long and enjoyable life.

We are constantly looking for new ways to achieve this aim and we would value your ideas and suggestions. Tell us what you would like to see available at the centre and we will try to source the activity.  
Email: info@chalkevalleysportcentre.co.uk

Additionally the centre needs a regular income in order to be maintained. We are constantly seeking innovative ways of raising funds. If you know of any group or fitness provider that may like to use our facilities, or you are planning a family celebration then please come and have a look at what we have to offer.

We are fortunate that we live within such a diverse and friendly community, many people are keen to support the infrastructure that makes our valley such a pleasant place to live. Local parish councils have regularly provided supporting donations, but there is always a need for top-up funding to maintain and improve the facility. If anyone would like to make a contribution to the sports centre by way of a gift or a bequest please contact any of the committee members.



# VOLUNTEERING AT CHALKE VALLEY SPORTS CENTRE

The Chalke Valley Sports Centre was funded through Sports Lottery Funding and local donations and is a voluntary managed facility.

The Centre is supported by: Broad Chalke Parish Council, Bishopstone Parish Council, Ebbesbourne Wake Parish Council, Chalke Valley History Festival, Gurston Hill Climb and Wiltshire Council

Volunteers to assist with all aspects of running the centre are always welcome and can be just a couple of hours a month helping with administration, maintenance, assisting with events, developing new activities.

Please contact any of the Committee or Email:  
[info@chalkevalleysportscentre.co.uk](mailto:info@chalkevalleysportscentre.co.uk)

## THE COMMITTEE

Chair: Currently Vacant  
Vice Chair: Edward Fry  
Treasurer: Michaela Johns  
Secretary: Chris Rothwell

## SPORTS REPS

Football: Nigel Hayes  
Tennis: John Dutson  
Cricket: David Cooper  
Table Tennis: Tom Scard  
Short mat bowls: Damon Johns  
Petanque: Nigel Tinkler

Booking Secretary & Website: David Cooper  
Groundsman: Nigel Hayes  
Clubhouse Caretaker: Caroline Moulard



## Graphic Design for home and business

Ask for Helen Williams at

 07940 592023

 [info@dizzycat.biz](mailto:info@dizzycat.biz)

Weddings: *Invitations, Order of Service, Table plans*  
Cards: *Christmas, birthday, special occasions*  
Caricatures  
Cartoons  
T-shirt design and printing  
Social media graphics  
Newsletters  
Leaflets  
Video editing  
Posters

Branding  
Logos  
Business cards  
Infographics  
Web banners  
Websites  
Animation  
Powerpoint  
Word templates  
Brochures  
Event stands  
Adverts

## Claudine's Fitness FOR MEN AND WOMEN



Fitness  
Routines  
Designed  
Specifically  
With You  
In Mind

Claudine is a member of fitness professionals. As a certified instructor of pilates and HIIT, she teaches a variety of fitness classes for men and women of all ages and abilities.

### Pilates

- Low impact exercises safely strengthen and lengthen muscles
- Improves joint mobility, back strength and flexibility
- Delivers better posture, blood circulation and bone density
- Improves balance, body shape, happiness and self-awareness
- Builds core strength and stability
- Promotes relaxation and stress reduction through correct breathing in a relaxed and fun environment

### Fitness Pilates (FP)

- The best of all disciplines, yet not as intensive as HIIT
- Realigns mind and body whilst developing core strength and flexibility
- Incorporates yoga postures and balance sequences

### High Intensity Interval Training (HIIT)

- Cutting edge interval training, taken at your own speed
- Improves muscle strength across the body
- Cardiovascular workout (heart, lungs and blood vessels) improves stamina
- Burns maximum amount of fat in minimum time to help reduce weight
- Continues to burn body fat for up to 48 hours afterwards
- Improves sleep pattern, resting pulse and overall metabolism

For more information call Claudine on 07788 587937

Email: Claudineblake@aol.com

# Yoga

## CHALKE VALLEY SPORTS CENTRE

B r o a d C h a l k e

Tuesday mornings  
9.15 - 10.45 am

Weekly yoga sessions of postures,  
breathing, meditation and relaxation.

Mindful practices for strength and  
flexibility in body and mind, bringing a  
feeling of peace and calm within.

ALL AGES & ABILITIES WELCOME



For more info, please contact...

Caroline Wilkinson - **01725 552209**

[cj@wilkinsonyoga.co.uk](mailto:cj@wilkinsonyoga.co.uk) [www.wilkinsonyoga.co.uk](http://www.wilkinsonyoga.co.uk)

BRITISH WHEEL OF YOGA SINCE 1999 & BWYDip 2002

# FISH & CHIP VAN

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**EVERY THURSDAY**

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**CHALKE VALLEY SPORTS CENTRE  
KNIGHTON RD, BROADCHALKE**

**4.30PM - 6PM**

OUR CURRENT MENU OFFERS CHIP SHOP CLASSICS INCLUDING  
SKINLESS BONELESS COD FILLET, SCAMPI, FISHCAKES, BATTERED  
SAUSAGES & BURGERS PLUS TRIMMINGS INCLUDING OUR OWN  
HOMEMADE TARTARE SAUCE.

**TELEPHONE ORDERS ACCEPTED DURING OPENING  
HOURS BY PHONING OR TEXTING 07714438356**



**FOR MORE INFORMATION & FULL MENU PLEASE  
VISIT [WWW.FRYINGTUCK.CO.UK](http://WWW.FRYINGTUCK.CO.UK)**



## YOGA FLOW WITH JORDANA

**ALL LEVELS WELCOME!**

VINYASA - YIN - HATHA  
RYT Yoga Alliance certified

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Please contact Jordana to book  
[yogwithjordana@gmail.com](mailto:yogwithjordana@gmail.com) or 07838449135

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*CHALKE VALLEY SPORTS CENTRE*

*WEDNESDAY - Slow Flow 6.15 - 7.30 pm - £8.50*

*A mixture of yin and slow flowing breath lead yoga.  
Strength - Flexibility - Relaxation*